

Soul of a Woman Workshop

Saturday April 10, 2010 (9:00a – 6:00p)



Teachings of the Sacred Feminine

With Cynthia Flores-Signet

We are returning to the time of the sacred...a time of awakening all that is within our cellular memory to once again trust and embrace life...to honor our spirit and give voice to our own unique expression.

The essence of the Sacred Feminine holds an ancient knowing...an intuitive way of being that resonates deeply in the body, expresses from the heart, and attunes with the vast beauty and rhythms of nature. Ancient civilizations honored the Mother Goddess in all her many aspects and forms, some so power-filled that they were later misinterpreted, suppressed or intentionally obliterated from Western culture. It is time to re-member these ways that will bring healing and restorative balance to us and our planet that sustains us. We are entering a great cosmic cycle of transformational change, and the Sacred Feminine is re-emerging as way-shower to bring us back into balance with natural law, to connect intuition with reason, and spirituality with technology. Your participation in this Women's Circle is welcome as we explore ancient teachings, ceremonies and energy based practices from sacred earth traditions and mystery schools of the Sacred Feminine –

- **Ceremony & Ritual** - Ritual and ceremony have been used since ancient times as a communication tool between the human being and Spirit, and all of Spirit's creation. It is a way of renewing our connection with all living things, seen and unseen. We will learn ceremonies which you can immediately begin integrating in your daily life.
- **The Path of Beauty** - To live the Beauty Way is to see past the illusion and live in our highest potential. It is to live from the heart and be in the moment...and there is much that we can do now, if we live in the KNOWING that we are limitless, and wish to be an active participant in this cosmic evolution!
- **The Wisdom of the Sisterhood: A Time of Re-Membering** - Sisterhoods have existed since time began. This information has been safeguarded and passed from lineage to lineage through storytelling, teachings, ceremony and ritual.
- **The Many Faces of the Goddess** – The Sacred Feminine is multidimensional in aspects and energy, each facet its own unique part of the whole. When we learn to understand and flow with these energies in a conscious, impeccable way, then we are free to move within the vast ocean of the Sacred Feminine to trust life, trust change, trust love.



Cynthia Flores-Signet, founder of ANCIENT WISDOM TEACHINGS, resides in Chiapas, Mexico and teaches esoteric wisdom found in indigenous cosmologies, ancient mystery schools and sacred histories. These "ancient wisdom teachings" apply universal truths and disciplines that accelerate the awakening of consciousness and remind us of our interconnectedness. Cynthia was initiated into the Shamanic Path during extensive instruction under Indigenous Medicine people and Wisdomkeepers of the Ancient Americas. She now shares this knowledge through heart-centered teachings and ceremonies, and leads spiritual journeys to the earth's most sacred sites. www.ancientwisdomteachings.com

*\$75 Pre-registration by April 1, 2010
\$95 if registration is received after April 1st
For registration information, please contact Meghan Beavin
mbeavin@gmail.com or 210.240.9000*



Soul of a Woman Registration – Saturday April 10, 2010 9:00a – 6:00p

If you'd like to join us, please mail this form along with your check payable to:
Ancient Wisdom Teachings

Mail to:
Meghan Beavin
Po Box 790227
San Antonio, TX 78279

Cost: early-registration fee is \$75 if your check is received by April 1st
\$95 if received after April 1st

First Name	
Last Name	
Cell #	
Email Address	
Mailing Address	
How did you hear about the workshop?	

MORE INFORMATION

- We will have a break for lunch. A sandwich shop is across the street and there are plenty of restaurants within a few minutes drive. Feel free to bring a lunch if you would like.
- You may want to bring bottled water and a journal or a notebook to take notes. Dress comfortably and feel free to bring a pillow if you prefer to sit on the floor

DIRECTIONS

Center for Life

12915 Jones Maltsberger, Building 600
San Antonio, Texas 78247

Center for Life is located in a group of 6 red brick office buildings, set back off the road. They look like apartment buildings, and are called The Richmond. Watch for the Dollar General store and we are directly behind it.

If you are coming from Hwy. 281, here's what you do:

Go east on Bitters Road off Highway 281. It becomes Bitters/Starcrest at one point but continue forward. Turn left onto Jones Maltsberger at the traffic light.

Go past the Valero gas station, and take your first left into the parking lot. You will see the "12915" numbers sign. Go around to the last building, #600.

The entrance to SA Meeting Center and the Center for Life is at the left side of the building, sharing an entrance with the Diet & Health Center and other health practitioners.

If you are coming from IH 35, please exit on Thousand Oaks and turn onto Wurzbach Parkway. Wurzbach Parkway will turn into Starcrest/Bitters Rd. Turn right at the light at Jones Maltsberger, and continue with the directions above.

If you have any questions or for additional information, please contact Meghan Beavin
mbeavin@gmail.com or 210.240.9000

