

PROTECTION AND CLEANSING RITUALS

LIGHT LECTURE WITH CYNTHIA FLORES-SIGNET

Wednesday, Oct. 21, 2009

7 - 9pm

SAN ANTONIO, TEXAS



We live and breathe energy. It runs through us and from us, and serves as our connection to the seen and unseen world. When it is pure and refined, it can feed and nourish us; when it is dense and heavy it can weaken us. How do we recognize the difference in these energies? How do we keep our heart open and our connection with the sacred, while still protecting ourselves from unwanted outside energies? We will explore these questions and more as we share rituals and practices of protection and purification used since ancient times.

Cost: \$15.00

**Space is limited, advance registration is requested through email or phone.
Directions will be sent upon registration.**

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